

ANACORTES ART DASH '10

Waiver: I am the parent or legal guardian of the below named child, and/or desire to be a participant in the Anacortes Arts Festival/City of Anacortes sponsored recreational activity listed. It is important to me that I/this child be allowed to participate in this activity, including but not limited to, the risk of serious physical injury, death or other harmful consequences which may arise directly or indirectly from my/the child's participation in this activity. Being fully informed as to these risks and in consideration of the Festival's/City's allowing me/my child to participate in this sponsored activity I, on behalf of myself and on behalf of the below named participant child, assume all risk of injury, damage and harm to myself/the child which may arise from my/my child's participation in this activity. I further agree, individually and on behalf of myself/the below named child, to release and hold harmless the Anacortes Arts Festival, City of Anacortes, employees, volunteers and agents and agree to waive any right of recovery that I may have to bring a claim or lawsuit for damages against them for any personal injury, death or other harmful consequences occurring to myself/the below named child arising out of my/the child's voluntary participation in this activity, including going to and from the activity, except for the sole negligence of the Anacortes Arts Festival, City of Anacortes. I understand that there is no insurance to cover participants and that although precautions will be taken, the nature of any sporting activity allows for the potential of injury. I grant my full and voluntary consent for me/the below named child to participate in the activity described above.

Signed _____

Child _____ Date _____
(if under 18, parent/guardian signature required)

PLEASE NO DOGS

Directions to Race: From I-5 North or South: Take exit 230 towards Burlington/Anacortes. Turn west onto WA-20. WA-20 West becomes WA-20 Spur Hwy. Turn slight right onto Commercial Ave. Turn right onto 6th street and end at 904 6th Street, Anacortes City Hall/Municipal Building.



SPONSORED BY



ANACORTES ART DASH

Mail in registration by: July 09, 2010

Mail Registration forms to
Anacortes Parks & Recreation Department
P.O. Box 547
Anacortes, WA 98221
or Drop by City Hall, 6th & Q

Checks payable to: Anacortes Arts Festival

For questions call
(360) 293-1918
www.cityofanacortes.org

Anacortes Arts Festival and
Anacortes Parks & Recreation

5th Annual

Art Dash

Half Marathon
10k & 5k

Saturday

July 31, 2010

ANACORTES, WA

Waterfront run along the restored Tommy

Thompson Parkway

~ race profits support public art ~



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General Description: The half marathon course is out and back along the waterfront Tommy Thompson Parkway following Fidalgo Bay, across the Trestle and around March Point.

The 10k and 5k course is a flat run from Anacortes City Hall and including part of the Tommy Thompson Parkway.

Race Start and Finish: All races will start near the parking lot of the Anacortes City Hall, corner of 6th and Q Ave and end at the Port of Anacortes warehouse.

Half Marathon, 10k & 5k Registration: You can register online at www.active.com, by sending a completed application to the Anacortes Parks & Rec Dept. @ P.O. Box 547, or the morning of the race between 7:00 and 8:45. Mailed entries must be postmarked by 7/09/10. **Note: Checks will be made payable to Anacortes Arts Festival.** PACKET PICK UP: Friday, July 30th, 8am - 6pm at Parks & Recreation, City Hall - or race day.

Race Day Information: All participants must check in and pick up information bags on race day. Race day registration for distance runners will be limited to 7:00 to 8:45. All races will start promptly at 9:00. Half marathon walkers can start at 8:00. Aid stations will close down at 12:30 and the finish line timing will close at 1:00.

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Awards Ceremonies: Awards for the 5k will take place at the Port of Anacortes warehouse (north end of Commercial Ave on the waterfront) at 10:00, the 10k at 10:30 and half marathon at 11:00. Results will be posted as soon as they are available. Complete results will be posted online at www.cityofanacortes.org under Parks & Recreation. Refreshments will be served at the Port.

Awards: Special awards will be presented to the top male/female finisher of the half marathon, 10k & 5k. All other participants will receive a finisher's ribbon.

Course Support: Aid Stations with first aid & water will be located throughout the course. The course will close at 12:30.

Festival music: ShiDaa will be performing drum rhythms from Africa, Latin America and the Caribbean at the finish line. Festival evening Concerts at the Port start that evening with headliner music in an intimate waterfront setting. Doors open at 6:45 for wine sales and viewing of the Art at the Port Fine Art Exhibit, prior to the concert. Ticket prices are \$15. Visit www.AnacortesArtsFestival.com for information.



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NAME _____

ADDRESS _____

CITY _____ State _____ ZIP _____

EMAIL _____

DOB _____ Age on 7/31 _____ Sex _____

T-Shirt Size (Circle one)

S M L XL

No shirts are guaranteed if you register for this race after July 09, 2010

Event Fees

Half Marathon (Run or Walk)

Registration postmarked by 7/09/10 \$35

Registration after 7/09/10 & Day Of \$45

10k

Registration postmarked by 7/09/10 \$25

Registration after 7/09/10 & Day Of \$35

5k

Registration postmarked by 7/09/10 \$15

Registration after 7/09/10 \$25

Kids 12 & Under and over 70 FREE

Total Enclosed \$ _____

Checks payable to Anacortes Arts Festival

sorry, no refunds after 7/09/10

Please read & sign the waiver on back

Mail to:

Anacortes Parks & Recreation Dept.

Attn: Art Dash

P.O. Box 547, Anacortes, WA 98221